



CONSULTATION CENTER

“Respecting the Unity of Mind, Body and Spirit”

April - May 2017

CALENDAR

April 27 *Step into the Bible through
Storytelling*



Visit our web site at

www.consultationcenteralbany.org.

Anger Management

The Consultation Center offers a program of individual sessions on anger management.

Arrangements can be made by calling the Center at 518-489-4431.

The fee for these ten one-hour sessions is \$25 per session.

Consultation Center

Published four times a year by the Consultation Center of the Roman Catholic Diocese of Albany, 790 Lancaster St., Albany, NY 12203

Step Into the Bible

Through Storytelling

In this 4 week class, Storyteller Marni Gillard and Biblio-dramatist John Courtney will offer exercises and experiences that invite participants to step deeply into the characters and scenes of favorite Bible tales. As we “Step into the Bible” and identify with the characters, we work both with partners and the group, listening deeply and building storytelling skills. The work is playful yet brings us deeper into the world of scripture. Becoming the Bible’s great and small characters, insights will flow, and we’ll find they were people much like us.



Marni Gillard, MA

Marni Gillard, MA, brings the joy of sacred storytelling to parishes, schools, prisons, libraries and faith groups. She leads an annual summer storytelling weekend for adolescents and adults at Pyramid Life Center. Her book Storyteller, Storyteacher shows how story work brought middle schoolers to a deep sense of community. Without a Splash, her double CD of personal tales, awakens memories in young and old. Marni can be reached at <http://www.marnigillard.com>.

John Courtney, LCSW, DCSW

Is a social worker in private practice and at the Consultation Center. He is a student of Bibliodrama.

**Thursdays, April 27, May 4, 11 and 18
from 7:00 to 9:00 p.m.**

**Pastoral Center, 40 North Main Avenue, Albany
\$50.00 (Payment after 4/20: \$55.00)**

**790 Lancaster Street at North Main Avenue, Albany, NY 12203
(518) 489-4431**



Wednesday, May 10, 2017
7:00—9:00 PM

Depression and Hope: Light in the Darkness

co-sponsored by the
Consultation Center
and
Dominican Retreat & Conference Center

Many people describe their experience of depression
as being engulfed in darkness.
Discovering the presence of the Spirit of God at this time
and feeling wrapped in the Divine Love
can bring hope to this time.

PRESENTER:

Rev. Thomas Konopka, MDiv, LCSW
Clinician at the Consultation Center
Sacramental minister at St. Clare's Church, Colonie
Priest of the Albany Diocese.



INFORMATION:

\$10.00 per person Registration begins at 6:45 PM
Program 7:00—9:00 PM Reservations are requested

WHERE:

Dominican Retreat & Conference Center
1945 Union Street Niskayuna, NY 12309

TO REGISTER:

Call the Dominican Retreat and Conference Center

Phone: (518) 393-4169 -- Fax: (518) 393-4525

Monday - Friday / 8:30-4:30 PM

E-mail: dslcny@nybiz.rr.com

www.dslcny.org

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**Consultation Center**

**Phone: (518) 489-4431**

## HOLY GROUND: A PROGRAM TO FORM SPIRITUAL DIRECTORS

**A two year program sponsored by the Consultation Center of the Roman Catholic Diocese of Albany**

*Our second course begins September 2017*

This program is designed for those who may be called to the ministry of companioning others on their faith journey. It is open to persons who have taken steps to grow in their own spirituality, who have some solid background in theology, and who have been receiving spiritual direction for at least two years.



**Year one:** monthly sessions of approximately three hours; this time is devoted to prayer as well as to input and exploration around several vital topics: approaches to prayer, listening skills, resistance, discernment, boundaries, family systems, movements and rhythms in prayer, and others.

**Year two:** individual and group supervision as well as continued input. Each participant will be expected to have at least two directees.

**Fees:** *Cost for the two year program is \$900 per year or \$1800 total. Participants are responsible to obtain their own books. Payment plans are available. Participants are also expected to make a yearly retreat of three days or more.*

**Dates for sessions:** Ordinarily the second Tuesday of each month: September 12, October 10, November 14, December 12, 2017; January 9, February 13, March 13, April 10, May 8, 2018. Dates for 2018-2019 will follow.

**Coordinators:** Rev Thomas Konopka, M Div, LCSW-R  
Katherine Hanley, CSJ, PhD  
And additional presenters

For more information and application materials please contact Sister Katherine Hanley at [kitty.hanley@rcda.org](mailto:kitty.hanley@rcda.org) or 453-6633.

## How to Create a Supportive Faith Community for Those with Mental Health Issues

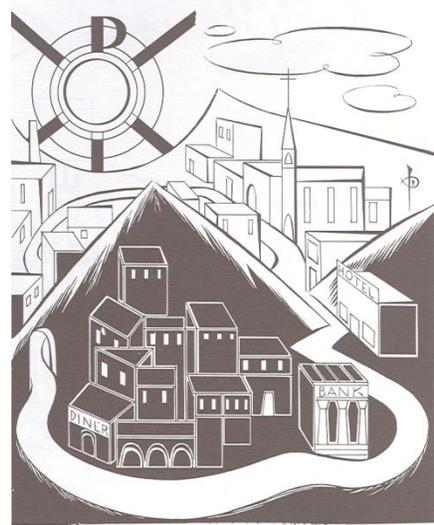
This can be a one-night session or a multi-week training/reflection for a parish, local planning group, parish nurses or deanery to help participants learn how to:

- ☒ raise awareness of mental health issues locally,
- ☒ create an outreach to people with mental health issues,
- ☒ develop an advocacy program to address the larger needs of those with mental health issues.

For more information on how you can make this program available to your local group, please contact Father Tom Konopka at 518-489-4431.

## The Spiritual Exercises for People in Everyday Life

*Have you been wondering about your unique purpose as a Christian? Are you feeling restless in your ministry or personal life, wondering if it is the right choice for you? Would you like to deepen your prayer life and your relationship with Jesus?*



### REGISTRATION FORM

Enclosed is my check for \$\_\_\_\_\_ to cover the fee(s) for the program(s) I have listed below. I understand that the registration fees are nonrefundable unless the program is canceled.

**Name of Program(s):**

\_\_\_\_\_

**Name** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Address** \_\_\_\_\_

\_\_\_\_\_ **Zip** \_\_\_\_\_

**Please make check payable and mail to:**  
**Consultation Center, 790 Lancaster Street, Albany, NY**  
**12203**



Following the centuries' old process for spiritual growth developed by St. Ignatius of Loyola, the Consultation Center offers this ministry again this year. Over the course of approximately seven to eight months, participants meet once weekly with a spiritual director for about an hour. Together they explore the participant's unique imaginative prayer.

For further information about the Spiritual Exercises and a list of available directors, contact the Consultation Center.

***Letters of attendance at workshops will be provided upon request.***